

The Crown

by the students, for the students

The King David School Student Magazine
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THE KING DAVID SCHOOL



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Welcome: students, teachers, parents, grandparents and other family members, and friends, to the first edition of The Crown. The idea of a school magazine, written by the students, for the students, and of course for the broader KDS community, has been at the back of my mind for about a year. I am lucky enough to have been a part of a program run by Express Media called the Signal Express for the past two years, where I had my work published once a month on an online newspaper written only by high school students. This opportunity taught me the process of editing and publishing, it opened my world to the world of writing and it gave me a brand new network of friends, potential colleagues and role models. But as my time ended at the Signal Express, I felt something was lacking. King David, which had given me so much in the way of incredible teachers, unique opportunities, great friends and a majority of my life experiences, was somehow not in the mix. Signal was a totally separate part of me from my school self, and I felt this needed to change. And so, I began scheming.

What you read in the pages that follow is the result of that scheming: a wonderful collaboration between KDS students, an often frustrating-yet-satisfying publishing software, and the ongoing assistance and encouragement from Marc Light, (as well as various other mentors, including Lyndel, Nina and Mum) who has been an incredible supporter of this project from the very beginning.

Perhaps, someday, there will be an unveiling of a new and improved version of The Crown. Perhaps these later students will be a part of history, as we all were just a few weeks ago when we entered the renovated Magid Campus on that typical Melbourne Tuesday morning, and as we all are now as we share this first edition together. The buzz of excitement, the laughter and chatter of something old becoming new again. For now, The Crown is a young, small thing. It's baby steps are yours, as the school's tight-knit family is all for us to share. I hope you enjoy the writings, artwork and contributions of students from years 6-12, and I hope it inspires you- to cook, to write, to read, to learn. To learn, and then, to understand.

Enjoy xx
Noa and the Team

Mia's Bliss Balls

Serves: Approx. 30
Prep time: 20 minutes

Ingredients

½ cup of almonds
½ cup of cashews or peanuts
½ cup of oats
10 medulla dates
Then add and process:
2 tablespoons of honey
¼ cup of almond milk
½ cup of shredded coconut
1 tablespoon of cacao
1 tablespoon of chia seeds
¼ cup of almond butter

Method

Blend all ingredients in a food processor. Roll out the mixture into balls of desired size and cover in desiccated coconut if desired.

Store the freezer for up to a month.

Pasta Feta Salad

Serves: 6
Prep time: 20 minutes
Cook time: 12 minutes

Ingredients

½ a packet of dried spiral pasta
1 lebanese cucumber, halved, seeded, thinly sliced
1 red capsicum, chopped
8 green onions, sliced
250g cherry tomatoes, halved
¾ cup black olives
½ cup chopped flat leaf parsley
200g feta, crumbled

Dressing

½ cup olive oil
2 tablespoons white wine vinegar
1 teaspoon wholegrain mustard
1 garlic clove, crushed

Method

Cook pasta in a large saucepan of boiling salted water, following packet directions, until tender. Drain. Rinse under cold water.

Dressing: Place olive oil, vinegar, mustard and garlic in a screw-top jar. Season with salt and pepper. Secure lid. Shake well to combine. Place cucumber, capsicum, onion, tomato, olives, parsley and pasta in a bowl. Add dressing. Toss to combine. Add feta. Toss gently and serve fresh.

From Super Foods Magazine

Chocolate Pudding

Serves: 4
Prep Time: 20 minutes
Cook Time: 45-50 minutes

Ingredients

45 grams cooking chocolate
¾ cup margarine
1 cup caster sugar
3 eggs
1 cup self raising flour
3 tablespoons milk

60 grams cooking chocolate
1 cup brown sugar
1.5 cups water

Method

pudding: Melt cooking chocolate. Beat margarine and caster sugar until light and fluffy. Add eggs, one at a time, beating after each addition. Gently mix in the melting chocolate, sifted flour and milk. Spoon into oven proof dish

Sauce: Chop remaining chocolate. Put into saucepan with brown sugar and water. Stir over low heat until chocolate is melted. Pour over pudding. Bake at 180 degrees for 45-50 minutes.

From Susan Cossen

Chana Dal New Delhi Style

Serves: 4
Preparation Time: One hour

Ingredients

1 cup split chickpeas (chana dal)
1 ½ teaspoons turmeric
½ teaspoon ground cardamom
1 bay leaf, preferably Indian
1 teaspoon salt
2 tablespoons sunflower or safflower oil
6 whole cloves
4 large garlic cloves, thinly sliced
1 teaspoon crushed-red-chili flakes (optional)
3 tablespoons freshly chopped coriander

Method

Combine the chana dal, turmeric, cardamom, bay leaf, salt and 4 cups water in a large saucepan and

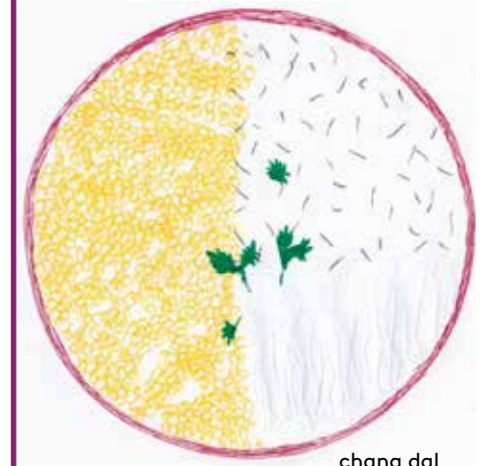
cont.

bring to a boil. Adjust the heat so the mixture bubbles gently, cover partly and cook for 40 minutes. At that point, the mixture should still be quite moist; if it is not, add 1 cup additional water and continue cooking, covered, until the dal is tender, about 20 minutes; turn off the heat. Remove the bay leaf. Purée the dal for about 1 minute; the dal should be saucy but not soupy.

Tadka: put the oil in a small saucepan over medium-high heat. When the oil is hot, add the cloves; let sizzle for about 30 seconds until fragrant. Add the garlic and cook, stirring constantly, until medium brown. Stir in the chili flakes if you're using them, and turn off the heat.

Pour the tadka into the dal; stir gently to combine. Garnish with coriander and serve with rice, yogurt and papadams.

Adapted from New York Times Cooking



chana dal

Inter-Year Level Relations by Liat Swieca

Year 12



Gil looking at himself in the mirror

What is your full name?
Gil Samuel Brown

Any funky nicknames?
Gilly-willy

Any not-so-funky nicknames?
Gilly-willy

Which animal do you identify as?
A monkey because they're short and annoying

If you could be any tuckshop food which one would you be and why?
Tuna wraps because they are the least terrible thing there

What colour is your toothbrush?
Blue

If you could be one teacher who would you be and why?
Dr swedosh because the title "doctor" sounds fancy

Recess or lunch?
Lunch because it's longer

Year 10



Suh dude

What is your full name?
Raphael David Ichlov

Any funky nicknames?
Butter ball

Any not-so-funky nicknames?
It's too inappropriate

Which animal do you identify as?
A golden retriever

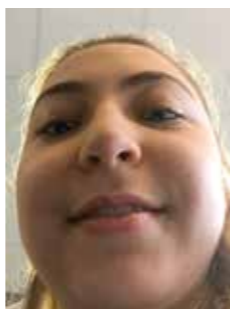
If you could be any tuckshop food which one would you be and why?
The toasted cheesy sandwich because everyone loves cheese

What colour is your toothbrush?
White

If you could be one teacher who would you be and why?
Mr Prakash because he's completely sarcastic all the time

Recess or lunch?
Lunch

Year 11



Can I take an egg photo?

What is your full name?
Shanee Fae Katz

Any funky nicknames?
Skatz

Any not-so-funky nicknames?
My dad calls me Baby Shoes

Which animal do you identify as?
My dog because my mum loves that dog more than me

If you could be any tuckshop food which one would you be and why?
The chocolate croissant because everyone wants one!

What colour is your toothbrush?
Blue and white

If you could be one teacher who would you be and why?
Justin because he is the besterest

Recess or lunch?
Recess

Year 9



Striking a casual pose

What is your full name?
Ella Benary Belfer

Any funky nicknames?
Banana-Belfer

Any not-so-funky nicknames?
My mum calls me Ella Bella

Which animal do you identify as?
I don't know - something that flies maybe? (During the interview Vera interrupted to tell us that she would be a kangaroo)

If you could be any tuckshop food which one would you be and why?
The salad because I like salad

What colour is your toothbrush?
Purple

If you could be one teacher who would you be and why?
Vera because she makes her classes fun and she yells at us

Recess or lunch?
Lunch

Year 8



Raaawwrrrr

What is your full name?
Josh Kelman

Any funky nicknames?
Kelly

Any not-so-funky nicknames?
Josh posh

Which animal do you identify as?
A baboon

If you could be any tuckshop food which one would you be and why?
Mac and cheese because it's the best... it tastes good

What colour is your toothbrush?
Green

If you could be one teacher who would you be and why?
Mr Prakash, he's a legend... yeh he's cool

Recess or lunch?
Lunch

Year 6



What is your full name?
Oscar Jacob Black

Any funky nicknames?
Black-o

Any not-so-funky nicknames?
-

Which animal do you identify as?
A monkey

If you could be any tuckshop food which one would you be and why?
I don't like the tuckshop food

What colour is your toothbrush?
See-through

If you could be one teacher who would you be and why?
Mr Prakash because he's really fun and cool

Recess or lunch?
Lunch

Year 7



Blarghhhh

What is your full name?
Julian Benjamin Glowinski

Any funky nicknames?
Julzian

Any not-so-funky nicknames?
My mum calls me Doodi

Which animal do you identify as?
A Tasmanian tiger

If you could be any tuckshop food which one would you be and why?
The curry and rice because I'm a fan of spicy food and I'm very gourmet

What colour is your toothbrush?
I have an electric toothbrush, it's blue and white

If you could be one teacher who would you be and why?
I would be Ayal because he's nice - he teaches really well, he doesn't just take out an English book and make you learn from it, he teaches via white board and screen

Recess or lunch?
Lunch

get to know
the new kids at
the tuckshop



Opinion Piece by jayden casselson

“It actually looks like a school!” These were the words from almost every excited student who strode into The King David School’s new campus. Dressed with smiles full of appreciation and enthusiasm, the scene felt as if it was scripted and that is accredited to the sheer fact that everyone felt the same. They were gushing with pride and nachas to call this new building their school.

An immense amount of gratitude is owed to the people who worked tirelessly to make the project possible. On behalf of the students, we all cannot thank you enough for making the transition so smooth and seemingly effortless.

Whilst it has had its hiccups every now and then, the new campus is fantastic. Whether it is the new lockers, classrooms or even the TVs, the school has certainly raised the bar in terms of educational facilities.

Mr Light stated in our first assembly that he didn’t want to lose what King David is about, that behind all our fancy new facilities we need to continue being a family. It’s true. That is what KDS is about. This message should be at the core of how we aim to strive into the future. Whilst we want to change and adapt to the new technological world, it is important that we do not lose what is most important to us, our family values. Every student past and present always comments on the togetherness of the community, the relationships between

student and teacher and most importantly, the fact KDS is not just a school, but a home.

I joined this family when I was in year seven and I am more than happy to say it has got to be one of the greatest decisions I have made. Ever since I first set foot in the school, I’ve been welcomed with open arms and made to feel as though I am a significant member of the community. King David, for me, has allowed me to rise to different challenges and strive to be my best self, no matter what the circumstances.

Above all, I think this should be what we all go by now moving into a new age in the school’s history. Strive to be our best as individuals and as a community, no matter what looks to hinder our ability to do so. The new building and the entire project have brought challenges and will continue to do so. Yet, as Mr Kok stated, we need to show “respect” whilst continuing to “step up” and rise to the challenges we face, building resilience and grit as we march on.

It is astounding to imagine that it was more than 2 years ago now that Mrs Bernshaw announced to the student body what was about to unfurl. Now that it is all becoming a reality, it is important that this fantastic new structure does not overshadow our strong feeling of family.

Discussion Corner by jonah epstein

Would you say King David is a progressive school? If so, how?

How is the school connected to religious observance?

How important is it for King David to be welcoming to everyone?

How does the school’s focus on Hebrew and Jewish studies affect your time at school?

Should kashrut laws be enforced more or less at KDS?

Is JS being taught the way you think it should? Why/Why not?

Send your answers to thecrown@kds.vic.edu.au

Next edition’s topic: Bias in mainstream media



Byron Bay September Afternoon 2015. Shot by Jonah Epstein



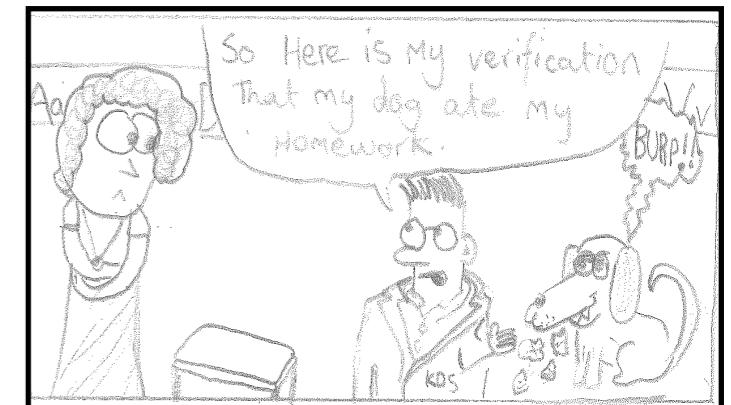
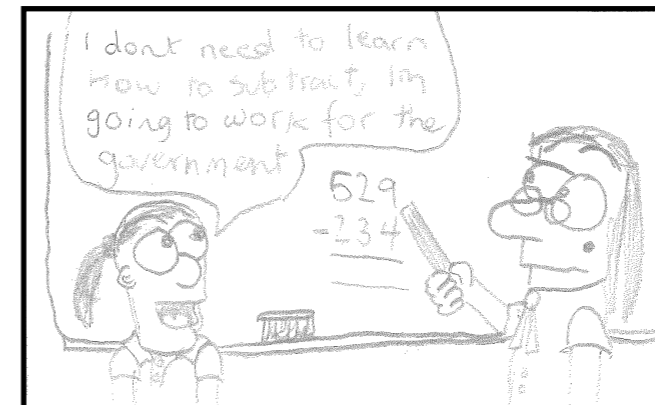
Shot by Alex Cowen

We all hate being sick: the itching in the throat, the constantly runny nose and the generally horrible feeling. But imagine if, while you felt like this, tiny robots were running around in your bloodstream, eradicating all the bacteria!

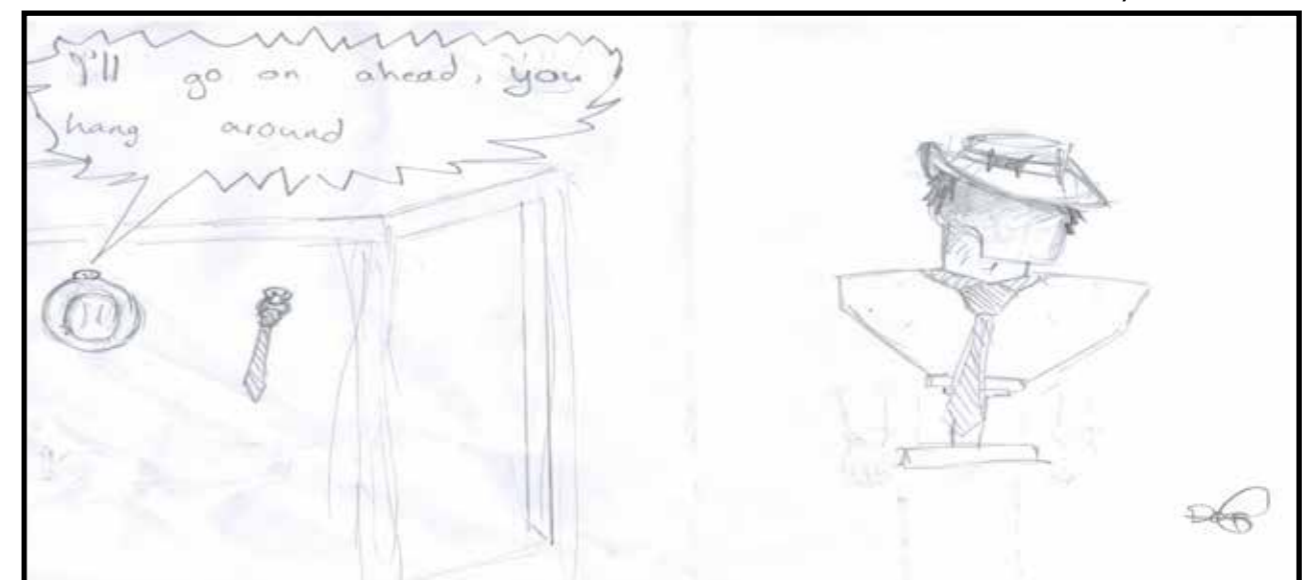
This invention is called a nanomachine; a tiny robot that runs through your body, or crawls on walls in your body and spies. They have unlimited potential, but unfortunately they don't exist. Yet. Significant steps have been made this year that bring us closer

to the creation of these miracle machines. Just a few weeks ago an engine the size of an atom was created that turns heat into movement. This amazing, bite sized piece of technology could very soon herald a new era of biology, chemistry and all of science: the Nanomachine Era.

Story gathered from:
<https://theconversation.com/meet-the-nanomachines-that-could-drive-a-medical-revolution-58107>



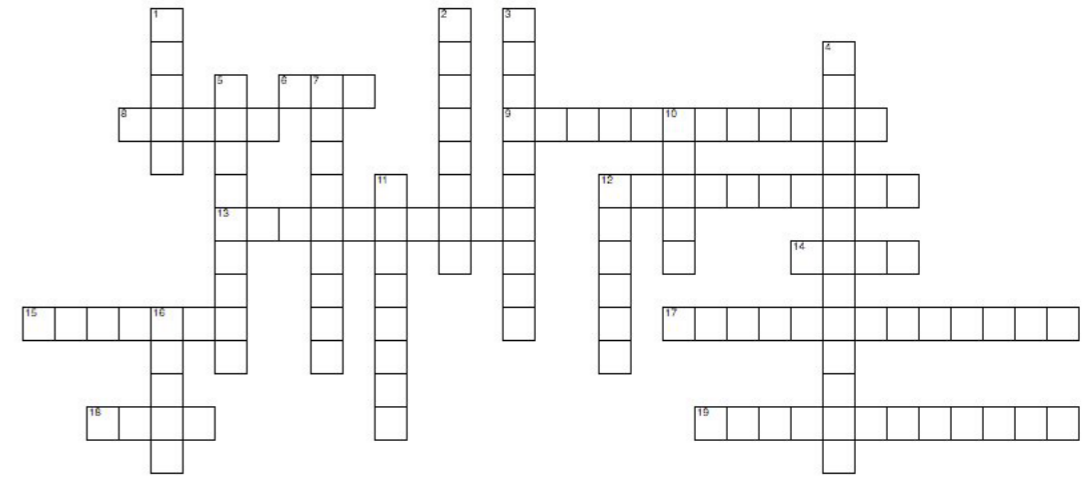
by zack licenblat



by daniel eikelis



Do you know and understand?



Across

- 6. A system used for inducing stress, anger and tears.
- 8. One human year is _____ dog years.
- 9. A highly anticipated remake starring Melissa McCarthy and Kate Mckinnon.
- 12. An anthropomorphic koala and children's fictional character.
- 13. Family business that specialises in the supply and retail of school uniforms.
- 14. High-Definition Multimedia Interface.
- 15. A large and imposing house.
- 17. The school's founding principal.
- 18. The brand of television in every classroom.
- 19. Name of project for school renovation.

Down

- 1. How many times thicker is blood than water?
- 2. The yellow teacher.
- 3. Excessive crowding, often occurs in a hallway.
- 4. An affair between two individuals that was not allowed, Liaison.
- 5. A contented state of being happy and healthy and prosperous.
- 7. A word puzzle that usually takes the form of a grid.
- 10. Name of the VCE centre.
- 11. The Volcano that erupted and destroyed Pompeii.
- 16. King David is where I ____.
- 20. Sarcastic wit.



by daniel eikelis





A Majestic Dance to Kill For by alex cowen

Lucy was majestic when she was dancing. Her turns and moves would send tears streaming down your face, and her beautiful costumes with embroidered lace and sparkles were to kill for. However, she hated dancing and she hated her life. Her mother died two years ago in a car crash and her father was an alcoholic, now in prison. She was living in her dance school. Illegally.

She lived in the hope that her mother would dance with her. When she was little her mother would sing, "I live for you, a dance with you, and there is a palace where I know wishes are true." Lucy would sing that to remind herself that her calloused feet were for her mother and her heart would one day be healed with a spin and a dip.

"One day you will see your mother and show her the dance of pain, and she will finally know wishes are true." Lucy would often reassure herself. She would sing the lyrics softly to herself, usually choking on her tears.

Her dance teacher was a mean old woman with a heart full of love, torn in two for dance and Lucy. However, she would refrain from showing this as she believed that if Lucy felt more sorrow, she would work even harder. But then came the day when her teacher's half heart could no longer be enough for Lucy. She needed to be nourished with a whole heart bursting with passion and attention. Lucy needed her mother.

It was then that Lucy decided she had had enough of the crying and sorrow, she wanted to know what real pain felt like.

She snuck into the butcher's shop and retrieved his sharpest knife. With tears dancing around her face she let out a scream and fell to the cold, unforgiving ground. Dead. Stabbed. With her streaming tears gone and blood dripping in it's place.

When her father heard of the tragic news he couldn't put a finger to this mysterious girl's identity, unaware that he was the Father.

Her mother was delighted to reunite with her daughter. Now late in the night, Lucy's feet would still dance, on the cold unforgiving ground. This time with her mother.

By Alexandra Cowen

The Tales of Mr X by mr x

Welcome to the tales of Mr. X.

Mr X knows that a mark on the neck is back in fashion. A walk around the corridors of the brand spanking new building, specifically the top two floors would reveal something marvelous.

Scarves wrapped, Collars popped, non-school uniform hoods up. This curious journalist can safely assume that the next logical step is a mass uptake of the Burka. One would be forgiven for thinking that it is the middle of winter in the desolate isle of Iceland. It is clear to Mr X however that these "shaving cuts", "footy bruises", or "hair straightener burns" or just simply the classic excuse of "it's cold today, I think the heater is broken," is a facade for the weekends promiscuous activities.

It doesn't take an inquisitive mind to see the real agenda here. Mr X knows it is uncouth in this field for any real name to be mentioned, however when both 'James' and 'Julie' walk down the hall looking as if they have both had an equally damaging run in with count Dracula himself, the outcome is laughable.

In order to conceal these 'marks' from the authorities (educators), Mr X has a helpful routine he can recommend that has been honed over years of experimenting and careful deliberation. These purple marks are effectively ruptured capillaries under the soft skin. These burst blood vessels can be treated much the same as your 'real' bruise. A careful combination of hot and cold packs as well as some light cover up (any boy should check with their mother dear). As for how to deal with the backlash, this writer has found that excuses are king. In the summer months, the classic story of a jellyfish sting from port phillip bay is always plausible at best. Then in the winter, the use of the turtleneck is anyone's best bet, citing the respect for the late Steve Jobs this is one convenient and sometimes believable (good luck) "lie."

For all those interested, wikihow has all the resources required for any situation...

I'll catch you next term KDS, for now Mr X will be keeping his ear to the ground and his neck to himself.

Always confidential, on the QT. xo

Advice Whoop

by the kds aunt agonies

We are not in any way qualified or in the position to give advice, but we are going to anyway :)

My parents are putting too much pressure on me to get good grades and its affecting my wellbeing and my results generally. Every time I talk to them they dismiss me and say that it's healthy to be pressured. What do I do?

From Stressed

This is a very common issue for school kids. A bit of pressure from yourself and others especially during exams is completely normal, however if your parents are affecting your well being in a negative way that is not something you can let happen. If you are struggling with classes, you should always ask for help. This can be difficult when your parents expect you to always excel, so try to let your parents know how you feel without being aggressive. Let them know that the pressure is getting to you in a calm and logical manner. If they still do not respond positively to you, consider getting help from outside sources. Seek support from friends and teachers. It is a good idea to ask an adult to talk to your parents on your behalf, as they may be more likely to take your thoughts seriously if they hear them from someone else.
Good luck!

How do I confront my friend who is being mean to me and others?

From Scared

It is always best to be honest with your friend. Organise to talk to them in a calm environment and attempt to maintain a relaxed tone and conversation. Speak honestly but be sure not to sound aggressive. Instead focus on having an orderly conversation. Also be open to understanding their side of the story and do not close yourself off to the possibility of constructive criticism. Aid their understanding of your point of view by being calm and mature, whilst engaging in a conversation instead of simply telling them how you feel.

How do I tell my friends that lately I've been feeling neglected and ignored?

From Alone

Chances are they're not trying to do this on purpose, so try not to jump to conclusions about their intentions. As

always, you should ask them about it directly, but this is easier said than done. If you don't want to confront them, try speaking up more when with them. If they don't mean to seclude you they will be sure to acknowledge you. Try making an effort to talk to your friends one on one rather than in a big group. If nothing changes, you have to ask one of your friends. Let your friend know how much their friendship means to you and don't blame her/him, take responsibility for your feelings by using 'I feel' and 'I think.' Listen to your friend. If nothing changes and you are still left out, it's time to make new friends.

How do I convince my parents to let me get a cat?

From Crazy Cat Lady

There are many ways you can approach this:

Make a list of all the reasons why you want one e.g. it will help you cope with stress, it will benefit the whole family, you will feed it and clean after it etc. If you have to pay for it, save money. It will show them you're really serious. Show maturity in general. This will show your parents that you are capable of looking after another living creature. Show your parents cute cat videos. This is sure to make them love cats. We recommend "Little kittens meowing and talking" and "Cute little kitten sneezes"

When trying to convince them, don't get angry or defensive
Hope this works!

How do I tell my teacher that I'm struggling to understand the classes and that they are moving too quickly for me?

From Confused

Once class is finished approach your teacher and calmly explain to them that you are struggling to keep up in class. The teachers at KDS are pretty awesome so they're sure to understand and help you out. However if you feel

uncomfortable approaching them talk to your homeroom teacher or year level coordinator about the situation. If you are also not comfortable doing this you can talk to multiple other people within the school who i'm sure would be happy to help.

How do I connect my Judaism with my own beliefs? I don't relate to many aspects of Judaism, but I believe maintaining a Jewish identity is important. What do I do?

From Conflicted

There is no single 'right' way to practise Judaism. Everyone has their own interpretation and can choose to practise it in their own way. If tradition is the aspect of Judaism that is important and relevant to you, then practise the traditions you wish to maintain. You can choose to practise as much or as little of Judaism as you wish, and interpret it in the way that best suits you. You can practise family traditions as well as continuing to believe your own ethical views. These two things can coexist simultaneously. At the end of the day it is up to you to choose what you wish to believe and practise. Whether it is a lot, or a little, or a completely different interpretation to what others believe, you as can choose to believe and practise to understand and practise Judaism in whatever way is meaningful to you.

**From Your Anonymous Aunt Agonies
xoxo**

**Send in any issues, big or small to be featured in the next edition! (We will keep you anon)
thecrown@kds.vic.edu.au**

Polls by danny touretski

No jumper? Want to be cool? Or do you just like the feel of the coat?

Join the petition and make spray jackets allowed in the classroom.

Think it's a bad idea? Have your at

<http://www.poll-maker.com/poll683727x41E2495F-28>

Or sign the petition at

<http://www.ipetitions.com/petition/spray-jackets-should-be-allowed-in-class>

Should there be more or less petitions and polls? Make your voice count in the poll at

<http://www.poll-maker.com/poll690167x786b4d5F-28>